



Daily Schedule Is Performance Planned

A typical day at camp will start with breakfast, followed by specific instruction and competition. The same procedure follows the post lunch and rest period. There will be two regulation full court games for every camper each day. There will also be ample time for off-court leisure activities.

Typical Camp Day

- 8:00 Rise and shine
- 8:30 Breakfast
- 9:15 Morning stations - instruction
- 10:15 Conference games and free time
- 11:15 Conference games and free time
- 12:30 Lunch and rest period
- 2:00 Afternoon stations - instruction
- 3:15 Conference games and free time
- 4:15 Conference games and free time
- 5:30 Dinner
- 7:00 Individual competitions and free time
- 8:00 Evening programs, movies, coaches talk, town trip
- 10:00 Return to cabins and lights out

www.camphorseshoe.com



Basketball Camp

**For Players Grades 4 Thru 8
One Session Only
August 14-18**

2010 Horseshoe Basketball Camp

Great food, clean Northwoods air, and a tremendous atmosphere for living certainly play a role in the success of our camp. But the real key to the success at Horseshoe Basketball Camp is the program. An excellent blend of competition, instruction and fun, like no other camp we know. You'll get your share of strenuous competition with the other athletes like yourself. And you'll also get plenty of invaluable, one-on-one instruction in technique and skills. You'll leave the camp with confidence. Our goal is to help you become the best basketball player you're capable of being and nothing less. You provide the effort, we'll provide the training. Our player - coach ratio is 7 to 1 which will provide you with a great deal of individual attention.



Every player will go home with a personal evaluation which will give him specific suggestions to help him improve his game!

Northwoods Living A Unique Experience

The ideal setting for a week of basketball instruction and competition. Nestled in the lake and forest country of Northern Wisconsin, Horseshoe Basketball Camp affords the proper atmosphere for every camper to get the absolute maximum out of his week long experience.

The Facilities Are Excellent

Horseshoe, rich in tradition since the 1930's, boasts one of the finest facilities in the country. All of our facilities from the courts to the cabins and bathrooms are new, clean, and up to date.

Off The Court Activities

Swimming, water-skiing, tubing, trampball, volleyball, tennis, fishing, archery and riflery are some of the leisure time activities to be enjoyed at Camp Horseshoe.

Coaches & Counselors Know How to Win

Kevin Kaminsky, a senior member of the Camp Horseshoe staff, was a 3 year varsity basketball player at New Trier and led his team down state. He played college basketball at both Eckerd and Carthage College. Kevin is currently working with Horseshoe year round and coaches Highwood Small Fry and at Hi Five Sports.

Pat Ambrose is the Head Varsity Coach at Stevenson High School. His winning record includes a fourth place finish downstate and sectional and regional titles. He was also named Pioneer Press Area Coach of the Year for the 2002-2003 season. Coach Ambrose played college basketball at Augustana College.

John Camardella is the Head Varsity Coach at Prospect High School where the Knights recently won the 2009 M.S.L. Conference and IHSA Regional Championships. Prior to coaching, he was an All Conference player at Illinois Wesleyan University and played in the 2001 Division III Final Four. As a former Basketball Camper, he has been involved in numerous summer camps and has been coaching at Camp Horseshoe since 2003.

Paul Harris is the Head Varsity Coach at Highland Park High School. He led Highland Park to its 1st ever Elite Eight appearance and was named Illinois Basketball Association Coach of the Year in 2002. He also coached the Giants to back to back regional titles for the first time in school history in 2007 and 2008.

Steve Messer is the Head Varsity Coach at Hersey High School. Coach Messer began his coaching career 16 yrs ago; the last nine were spent as the Elk Grove High Schools Head Varsity Coach. Coach Messer is a teacher at Hersey High School and alum.

Glenn Olson is the Head Varsity Coach at Niles North High School. Previously as the Head Varsity Coach at Maine East he compiled a 37-20 overall record including the school's first Regional Championship in 36 years. Prior to coaching, he was an All Conference/All Area basketball and baseball player at Rolling Meadows High School.

Tom Sloan is the Head Varsity Coach at Lyons Township High School. He was previously the Head Coach at Montini High School from 2001-2008. Coach Sloan was a graduate assistant for DePaul University's men's and women's teams from 1994-1997. He was also a walk on player at the University of Illinois from 1988-92 and member of the 1989 final four team.

Assisting these fine coaches will be **Don Rowley**, former Head Coach at Hersey High School, spending his 25th summer at camp, and recent inductee to the Illinois Basketball Hall of Fame and **Kenny Davis**, assistant coach at Lake Forest College.



Fees and Transportation

The camp fee of \$475 includes all meals and lodging for the week. Full payment is due with the return of the enclosed application, and is refundable prior to June 15. A confirmation email will be sent after receipt of application and full payment.

Transportation from a central pickup location in the Chicago area will be by air conditioned coach. A separate transportation fee of \$200 is due July 1st.

A complete packing list, transportation card, and medical form will be emailed in June with the final bill.

Of Special Note:

- Athlete oriented meals (this means plenty of good food) carefully chosen for the athlete in training.
- Certified athletic trainer on staff and present during the entire camp.

*"A fantastic experience...
Top-notch facilities, basketball was 1st class."
~ Pat A.*

*"A tremendous experience... the basketball
camp that goes beyond basketball."
~ Paul H.*